

## NEWS LETTER



**Dr R Parthiban**  
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Lifecare Medical Centre -Coimbatore

### **Case Report:** **Update on low Dose oral minoxidil in Trichology**

#### **Introduction:**

Topical minoxidil is being used for many years as treatment for different hair disorders. Even though it is an effective therapy, many patients show poor compliance due to the cosmesis, cost and side-effects. During the last few years, low-dose oral minoxidil has proven to be an alternative for patients with alopecia.

#### **Case Presentation:**

A 28-year-old male patient with androgenetic alopecia. The patient had a positive family history. The patient had been using topical minoxidil with slow growth results. Patient was switched to minogain 2.5mg Once Daily. After three months of taking minogain 2.5 mg, the patient had noticeably thicker hair and his blood pressure was regularly monitored. No side effects were noted and the patient was comfortable taking the tablets.



## NEWS LETTER



**Dr. Madhavi Pudi**

**MBBS (Gold Medallist), DNB, DVD**

**Dr. Madhavi's Advanced Skin Hair and Laser Clinic - Hyderabad**

### **Case Report: Low Dose Oral Minoxidil Treatment For Hair Loss.**

#### **Introduction:**

Topical minoxidil is being used for many years as treatment for different hair disorders. Even though it is an effective therapy, many patients show poor compliance due to the cosmesis, cost and side-effects. During the last few years, low-dose oral minoxidil has proven to be an alternative for patients with alopecia.

#### **Case Presentation:**

Three male patients (Age between 22 -30 years) with androgenetic alopecia (Hamilton-Norwood scale III-V). The patients were suggested to have routine hair fall investigations such as CBPESR, TSH, RBS, LFT, S.B12, S.Vit.D, and serum creatinine at the initial visit.

Patients were counselled and advised to minogain 2.5mg Once Daily. After four months of taking minogain 2.5 mg along with Topical minoxidil and biotin supplementation, the patient had noticeably thicker hair. Blood pressure was regularly monitored. No other significant positive history were noted and the patient was comfortable taking the oral minoxidil tablets.



**Before**

**Growing**



**Before**

**Growing**



**Before**

**Growing**



## NEWS LETTER



### Dr. USHMA KANTAMNANI

MBBS MD (DVL) FRGUHS (Aesthetic Medicine)

SKIN TO BONE SUPER SPECIALITY CLINIC

Vijayawada

USHMA SKIN & HAIR CLINIC

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### A New Approach to Hair Loss: How Oral Minoxidil Can Help Regrow Hair?

Minogain helps by increasing blood supply to hair follicles and encouraging dormant hairs to start re-growing again. This medication has been around for several decades as a treatment for high blood pressure.

When oral minoxidil taken at low doses, patients can experience a substantial rate of hair regrowth. Dr. Ushma Kantamnani has been prescribing low-dose oral minoxidil for last one and half year, with excellent results and almost no side effects reported.

**Case Presentation:** Nineteen male patients (Age between 20 -35 years) with androgenetic alopecia (Hamilton-Norwood scale III-V) were prescribed with minogain dosed at 1.25 to 2.5 mg/day for 24 weeks with a prescription regimen of other Topicals, along with PRP scalp injection. All patients are healthy and were counselled for starting minogain therapy. The patients were all followed up fully for 6 months. Their side effects were also recorded. The entire treatment patient history and cardiac profile was also recorded.

The above satisfactory results were experienced by all the patients, and all the patients have expressed comfort with taking oral minoxidil tablets.





## NEWS LETTER



**Dr. Shalu Savla**  
MBBS DDV

Dr. Shalu Savla Skin Hair & Cosmetology - Mumbai

### Case Report: Low-dose Oral Minoxidil Treatment For Hair Loss.

#### Introduction:

Topical minoxidil has been used for many years as a treatment for different hair disorders. Even though it is an effective therapy, many patients show poor compliance due to the cosmesis, cost, and side effects. During the last few years, low-dose minogain has proven to be an alternative for patients with alopecia.

#### Case Presentation:

4 Patients in their mid-30s presented with the chief complaints of loss of hair and hair thinning and a diagnosis of androgenetic alopecia was made.

#### Investigation:

The patient's laboratory investigation, including thyroid function and ECG, indicates normal results.

#### Treatment:

Patients were counseled on starting minogain 2.5mg and other medication along with PRP injections. 3 sessions of PRP were given at an interval of 30 days. Blood pressure was monitored at every visit.

#### Result:

At the six-month, all the patients reported an increase in hair density and satisfactory hair growth.




# minogain

Minoxidil 2.5 mg Tablets

*Efficacy meets safety*



Recommend minogain® for effective results with minimum side effects

Condition	Dosage regimen	
Female pattern hair loss (female Androgenic alopecia)	Up to 2.5mg daily	 0.625 mg Tablets
Male pattern hair loss	2.5mg-5mg daily	 1.25 mg Tablets
Chronic Telogen effluvium	Up to 2.5mg daily	 2.5 mg Tablets
Alopecia areata	Up to 5 mg once to twice daily	
Monilethrix	Up to 2mg daily	