

# THE CASE OF A 31 YEAR OLD MALE WITH ANDROGENETIC ALOPECIA.

## INTRODUCTION:

Male pattern baldness, also known as Androgenetic alopecia, is a common form of hair loss that affects a significant number of men worldwide. Various treatment options are available, including topical minoxidil, finasteride, and hair transplantation.

However, Oral Minoxidil, primarily indicated for hypertension, has emerged as a potential off-label treatment for hair loss due to its Vasodilatory and hair growth-promoting properties. This case study depicts the satisfactory treatment outcome in Androgenetic Alopecia with oral minoxidil i.e, Minogain.

## INITIAL PRESENTATION:

A 31-year-old male patient consulted Dr. Mudasir Rashid with a known history of receding hairline and thinning hair. He sought care because he had persistent itching of the scalp, hair loss, scaling, and dryness for a few years. He informed that none of the medications improved his symptoms. The patient was very bothered by the presence of baldness and itchy scalp

## DIAGNOSIS:

After a thorough evaluation, the patient was diagnosed with Androgenetic Alopecia.



### CARE PLAN:

The patient was prescribed a multifaceted treatment regimen tailored to manage Androgenetic Alopecia.

Initially, he got treated for Androgenetic Alopecia with Scalp care for 2 months. Furthermore, the trichology supplements and Tab. MINOGAIN 2.5 MG OD and PRP were introduced to treat Androgenetic Alopecia for 5 months.

It was observed that the new hair growth was noticed without relapse of Androgenetic Alopecia after 5 months of the aforementioned treatment.

### IMPROVEMENT:

Both the physician and the patient found the improvement to be highly satisfactory in that the maximum percentage of the scalp was covered with dense hair devoid of any complications after the end of the treatment.



**BEFORE**



**AFTER**

**The case of 31 year old male with Androgenetic Alopecia**  
**Courtesy : Dr. Mudasir Rashid, Delhi.**